

Bridlington Gymnastic Club took part in the Yorkshire East Floor and Vault Team and four piece Team competitions held between October 2010 and January 2011 at Woodford leisure Centre in Hull.

The boys also took part in the Yorkshire East Floor and Vault individual competition which took place at Sutton Village Gym in January 2011.

Everyone who took part in the competitions was a credit to the gym and themselves .Some of the teams took part in a higher level comp for the first time. But all showed great team spirit and all gave it their all in yet another round of tough competitions.

The standard at these comps has improved tremendously over the past 12 months .Which was to make the competitions very interesting.

In the boys comp only 4 boys from the club took part, but all did well with 2 of them in their first competition.

#### **In the boys Competition**

Kieron Silverwood, bronze on vault

James Silverwood, bronze on vault and floor and third overall

Joseph Kynman,bronze on vault

Lewis Fagan no medals but had a fantastic day

#### **The Girls who took part were:**

Sammie Kershaw , Annabel Kershaw, Sophie Clough Georgia Bingham, Ella Sprank, Emily Tweddell, Amyjean Barber, Beth Summers, Cerys Jones, Lille-Mae Emmerson, Lianne Holdsworth, Olivia Jordan, Emily Clifton, Alex Kynman, Alex Metcalf, Leah Jones, Elise Grimson, Nicole Lawrance, Megan Martin and Grace Pugh.

#### **Level 7**

Floor and vault Under 10s 2nd overall

Four Piece Under 10s 2<sup>nd</sup> overall

#### **Level 6**

Floor and Vault Under 12s 3<sup>rd</sup> overall

Four Piece 13+ 3<sup>rd</sup> Overall

#### **Level 5**

Four Piece 1<sup>st</sup> Overall

The coaches at the club would like to say a big well done for all the hard work and dedication put in by not only the gymnasts involved ,but to the many parents who offer their time and help not only in the club but on the day of the comps too.

Please feel free to contact the club if you wish for any info on sessions and times on: 07872479551 or visit our web site on [bridlington-gym-club.com](http://bridlington-gym-club.com) .